The Gender Equality Strategy and the Gender Equality Plan

2024-2025

The Academy of Medical Sciences

**Contents**

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### Abbreviations and definitions

|  |  |
| --- | --- |
| GE | Gender equality |
| GEP | Gender equality plan |
| HoD | Head of Department |
| HR | Human Resources |
| GD | General Director |
| SG | Secretary General |
| CS | Scientific Committee  |
|  |  |
| Sex | Either of the two major forms of individuals that occur in many species and that are distinguished respectively as female or male especially on the basis of their reproductive organs and structures (https://www.merriam- webster.com/dictionary/) |
| Gender | The behavioural, cultural, or psychological traits typically associated with one sex (https://[www.merriam-webster.com/dictionary/)](http://www.merriam-webster.com/dictionary/%29) |
| Sex vs Gender | A clear delineation between sex and gender is typically prescribed, with sex as the preferred term for biological forms, and gender limited to its meanings involving behavioural, cultural, and psychological traits. In this dichotomy, the terms male and female relate only to biological forms (sex), while the terms masculine/masculinity, feminine/femininity, woman/girl, and man/boy relate only to psychological and sociocultural traits (gender) (https://[www.merriam-webster.com/dictionary/)](http://www.merriam-webster.com/dictionary/%29) |

# Introduction

The Gender Equality (GE) strategy for 2024-2025 was developed by the Academy of Medical Sciences on the basis of input from the entire academy takes into account everyone who works at our academy. The GE strategy was built on the provisions of the European Charter for researchers and of the Code of Conduct in the process of the recruitment of medical researchers[1](#_bookmark5), 2015-2019, the European Gender Equality Strategy 2020-2025[2](#_bookmark6) and the Horizon Europe guidance on gender equality plans[3](#_bookmark7).

The motivation for developing the GE strategy is to ensure that our academy is a safe place for everyone, and all activities and processes that take place respect the principles of equality, diversity, inclusiveness and non-discrimination.

Based on the GE strategy, the academy developed the GE Plan (GEP) for 2024-2025, with concrete actions and measures, as well as indicators for measuring progress of its implementation and revisions.

Enforcing its mission and values, the GE strategy and the GEP of developed by the Academy of Medical Sciences ensure and promote equality and diversity to knowledge and the acquisition of skills to all. The objectives of the GE strategy are implemented through specific actions that aim at safeguarding an equal and inclusive organizational culture and promoting gender-equality at all levels. As such, the GE strategy and the GEP will pro-actively enable gender equality awareness raising, skills and competences; gender balance in decision-making structures and processes, including recruitment; gender equality in research; and integrating the gender dimension in the entire research process.

# Review of requirements, policies and case studies

Prior to developing the GE strategy and the GEP, the management of the research activiry of the Academy of Medical Sciences appointed a working group to conduct a literature review of the existing requirements, policies, recommendations, examples and case studies pertinent to discrimination, inclusiveness and gender equality, with a special focus on research performing organisations (RPOs).

The resources used in this literature review study are presented in Annex 1.

[1](#_bookmark1) https://cdn2.euraxess.org/sites/default/files/policy\_library/ttf\_goal\_2\_results\_v1.0.pdf

[2](#_bookmark2) https://ec.europa.eu/info/policies/justice-and-fundamental-rights/gender-equality/gender-equality- strategy\_en

[3](#_bookmark3) https://op.europa.eu/en/publication-detail/-/publication/ffcb06c3-200a-11ec-bd8e-01aa75ed71a1

# Diagnosis (data collection and analysis)

## Data collection

The following indicators were selected at the Academy of Medical Sciences as relevant for the discussion on gender equality issues:

* + - Staff numbers by sex/gender at all levels, by domains, function (including administrative/support staff)
		- Numbers of women and men in research and administrative decision-making positions (e.g., top management team, boards, committees, recruitment and promotion panels);
		- Numbers of staff by sex/gender applying for/taking parental leave, for how long and how many returned after taking the leave.

### Women and men in leadership positions Table 1. Research Academy management

|  |  |  |
| --- | --- | --- |
|  | **Woman** | **Man** |
| Secretary General |  | X |
| President of the Scientific Committee |  | X |
| Economic Director | X |  |
| Head Accountant  | X |  |
| **TOTAL** | **2** | **2** |

### Table 2. Other Heads of medical research academy structures / units (independent units, other than research):

|  |  |  |
| --- | --- | --- |
|  | **Woman** | **Man** |
| HR |  | X |
| **TOTAL** | **0** | **1** |

### Women and men – medical research staff

### Table 3. Total number of medical research staff, per department

|  |  |  |
| --- | --- | --- |
|  | **Woman** | **Man** |
| Research and development - member 1 |  | X |
| Research and development - member 2 |  | X |
| **TOTAL** | **0** | **2** |

### 3. Women and men - administrative and support services

### Table 4. Total number of women and men in administrative and support services

|  |  |  |
| --- | --- | --- |
|  | **Women** | **Men** |
| Head Accountant  | 1 | 0 |
| Driver | 0 | 1 |
| **TOTAL** | **1** | **1** |

## Data analysis

We conducted internal analyses of the data collected, and reviews of existing policies addressing gender equality and inclusiveness. The analyses took place in internal meetings, with an even number of participants, with equal numbers of men and women.

The conclusions of the internal audit were then analyzed in the Steering Committee, approved in the scientific council, and then communicated to the entire research academy staff.

With mandate from the Executive Bord, the Secretary General committed to the development and implementation of the GEP for the Academy of Medical Sciences for 2024-2025.

### Quantitative analysis of data

The analysis of numerical data illustrated that:

* + there are more women than men in the Steering Committee (CD);
	+ the number of women and men in management positions is equal;;
	+ there are no women in the research structure per se, but the full members of Academy of Medical Sciences are women as well as honor and correspondent members, meaning a scattered distribution within research activity as their activity is the fundament of our mission.
	+ the number of women is almost equal to that of men in administrative positions.

### Qualitative analysis of data

The qualitative research showed that:

* Combining work and family life – women and men alike declare that they are responsible for family duties, alongside their spouses;
* The expectation of international mobility is more difficult for both women and men to reconcile with taking care of children;
* Both women and men get involved in housework and prefer to work remotely; parental responsibilities delay research work and discourage both women and men from taking up administrative positions and being more proactive in the activity;
* Women and men with small children rarely take trips to international or national events, although they publish together with the rest of the team; they become less involved in the social life of the department, and less frequently decide to take up administrative positions;
* The gender dimension is one of the topics of our research;
* The academy is perceived as a safe place, without gender-violence;
* The academy is overall perceived as inclusive.

The important conclusions of the internal analysis at the Academy of Medical Sciences are:

* We need to attract more women into our positions;
* We need to include more gender oriented topics into our research;
* We need to develop a gender strategy and a GEP for 2024-2025, with clear actions and targets, and responsible persons

# GE Strategy and GE Plan

## GE Strategy 2024-2025

Based on the internal review and the national and European policies and requirements, the Board of Directors and the General Director committed to developing the academy strategy for gender equality for 2024-2025, and the corresponding GEP.

The Academy of Medical Sciences decided on creating the function of GE officer at the academy. The GE officer has a proactive role in implementing and monitoring the GE strategy.

Specifically, the GE officer contributes to setting up, implement, monitor and evaluate the GEP; provide practical support and tools to the actors involved in the GEP implementation; cooperate with and engage stakeholders at all levels in order to ensure the implementation of the GEP’s actions; raise awareness about the benefits of gender equality in the research academy; assess the progress towards gender equality in the academy.

The academy management mandated the GE function (officer) at the academy and a dedicated working group to develop the GE strategy and the GEP 2024-2025. The GE working group included men and women representatives of research academy leadership and researchers, representatives of research academy administration and support services.

The GE Strategy comprises the following areas of intervention and objectives for 2024-2025:

|  |  |
| --- | --- |
| **Area of intervention** | **Objective(s)** |
| **1. Work-life balance and organisational culture** | Promoting integration of work with family and personal life |
| **2. Gender balance in leadership and decision-making** | Promoting gender equality in the institutional culture, processes and practice |
| **3. Gender equality in recruitment and career progression** | Promoting processes to favour and support gender-sensitive recruitment, career and appointments |
| **4. Integration of the gender dimension into medical research content of the medical science academy** | Promoting a gender and sex perspective in medical research processPromoting the integration of a sex and gender perspective in medical research activity |
| **5. Measures against gender-based violence, including sexual harassment** | Raising awareness about the importance of equality issues and strengthening positive attitudes towards diversity |

## GE Plan 2024-2025

The GE Plan at the Academy of Medical Sciences comprises areas of intervention, objectives, key measures, target audience, timeline, responsible persons, and indicators to measure progress.

### Area 1. Work-life balance and organisational culture

### Objective: Promoting integration of work with family and personal life

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action/Measure** | **Target** | **Timeline** | **Indicator(s)** | **Responsible** |
| 2024 | 2025 |
| 1. Use of ICT-based systems for enhancing | Medical Researchers | X | X | Installation of free | GS, HR, |
| flexibility and improving a better planning of | and  |  |  | to use online |  GE |
| working meetings accordingly to work life | administrative staff |  |  | communication | officer |
| balance needs (e.g., management and |  |  |  | applications on |  |
| communications of the meeting schedule/timing) |  |  |  | computers (such |  |
|  |  |  |  | as Skype, etc.), |  |
|  |  |  |  | use of electronic |  |
|  |  |  |  | signatures |  |
| 2. Availability of flexible working times | Medical Researchers, | X | X | P.O. 38 (the | GS, HR, |
| arrangements, from part-time to remote working | and |  |  | internal | , GE |
|  | administrative staff |  |  | procedure for | officer |
|  |  |  |  | remote work) is |  |
|  |  |  |  | updated |  |
|  |  |  |  | whenever |  |
|  |  |  |  | necessary to |  |
|  |  |  |  | reflect this |  |
|  |  |  |  | measure. |  |

### Area 2. Gender balance in leadership and decision-making

### Objective: Promoting gender equality in the institutional culture, processes and practice

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action/Measure** | **Target** | **Timeline** | **Indicator(s)** | **Responsible** |
| 2024 | 2025 |
| 1. Appointing a delegate in the academy, with a proactive and/or consultant role to be responsible for monitoring and ensuring that workplace procedures and practices respect gender equality | Medical Researchers, and administrative staff | X |  | A decision is made by the secretary nominating the delegate responsible with this measure. | GS, HR, , GEofficer, GE delegates |
| 2. Routine revision of any text, communication, images, from a gender equality and diversity standing point | Medical Researchers, and administrative staff | X | X | Procedures are revised. | GE officer |

### Area 3. Gender equality in recruitment and career progression

### Objective: Promoting processes to facilitate and support gender-sensitive recruitment, career and appointments

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action/Measure** | **Target** | **Timeline** | **Indicator(s)** | **Responsible** |
| 2024 | 2025 |
| 1. Disseminate and communicate career good | Medical Researchers, and administrative staff | X | X | A decision is | GS, HR, |
| practices - role models for women (scientists, |  |  |  | made by the |  GE |
| researchers and academics) |  |  |  | secretary | officer |
|  |  |  |  | nominating the |  |
|  |  |  |  | GE officer |  |
|  |  |  |  | responsible with |  |
|  |  |  |  | this measure. |  |

### Area 4. Integration of the gender dimension into research content Objectives:

### Promoting a gender and sex perspective in research process

### Promoting the integration of a sex and gender perspective in research activity

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action/Measure** | **Target** | **Timeline** | **Indicator(s)** | **Responsible** |
| 2024 | 2025 |
| 1. Disseminate and communicate career good practices - role models for women (scientists, researchers and academics) | Medical Researchers, and administrative staff | X | X | Initiatives for raising awareness on female role models are disseminated to the staff. | GS, HR, GEofficer |
|  |  |  |  | Initiatives for raising awareness on gender diversity in research teams are disseminated to the staff. |  |

### Area 5. Measures against gender-based violence, including sexual harassment

### Objective: Raising awareness about the importance of equality issues and strengthening positive attitudes towards diversity

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Action/Measure** | **Target** | **Timeline** | **Indicator(s)** | **Responsible** |
| 2024 | 2025 |
| 1. Reinforce de Code of Ethics of the academy | Medical Researchers, and administrative staff | X | X | The Code of | GS, |
| with provisions against gender-based violence, |  |  |  | Ethics is regularly | HR, GE |
| including sexual harassment |  |  |  | updated, with a | officer |
|  |  |  |  | view to this |  |
|  |  |  |  | measure, as long |  |
|  |  |  |  | as any other |  |
|  |  |  |  | necessary ones |  |

# Monitoring and evaluation of the GEP

The implementation of the GEP at the Academy of Medical Sciences, the progress against the GE strategy aims and objectives are regularly assessed, through periodic meetings of the GE officer and the management team. The implementation of the GEP will be permanently monitored by the GE officer at the academy. The GE officer is responsible with collecting data and input and will perform a first analysis of the progress of the GEP (against the indicators), gather knowledge and feedback.

The GE function at the academy will conclude findings reports (once a year), which are then presented to the medical research academy management (GS) and discussed. These meetings will provide valuable conclusions on the implementation of the GEP. These meetings will also provide comments and recommendations that will enable adjustments and improvements to interventions on the GEP for the following year.

The periodic reports allow the continuous review of the impact of the GEP as well as keeping the wider community informed and engaged in the progress towards gender equality. The review of progress reports includes qualitative information as well as quantitative data, such as updates on human resource data disaggregated by sex, monitoring data to keep track of the implementation of key actions.

After their conclusion and adoption by the medical research academy management (Executive Board, GS,), the periodic (annual) GE progress report is published on the medical research academy website and thus communicated to the entire scientific community.

# Annex 1. List of sources used for the literature review

(in alphabetic order)

Council of Europe Gender Equality Commission, https://[www.coe.int/en/web/genderequality/gender-equality-commission](http://www.coe.int/en/web/genderequality/gender-equality-commission)

EU FESTA - Gender Issues in Recruitment, Appointment and Promotion Processes – Recommendations for a Gender Sensitive Application of Excellence Criteria, https://eige.europa.eu/sites/default/files/festa\_gender\_issues\_recruitment\_appointment\_promoti on.pdf

EU Strategy for Gender Equality 2020-2025, https://ec.europa.eu/info/policies/justice-and- fundamental-rights/gender-equality/gender-equality-strategy\_en

EUA - Universities’ Strategies and Approaches towards Diversity, Equity and Inclusion, https://eua.eu/downloads/publications/universities-39-strategies-and-approaches-towards- diversity-equity-and-inclusion.pdf

EUCEN - Diversity, Equity and Inclusion in European Higher Education Institutions, https://eua.eu/downloads/publications/web\_diversity%20equity%20and%20inclusion%20in

%20european%20higher%20education%20institutions.pdf

European charter & code of conduct for the recruitment of researchers, https://cdn2.euraxess.org/sites/default/files/policy\_library/ttf\_goal\_2\_results\_v1.0.pdf

European Institute for Gender Equality, https://eige.europa.eu

GARCIA – Mapping organizational work-life policies and practices, https://eige.europa.eu/sites/default/files/garcia\_report\_mapping\_org\_work- life\_policies\_practices.pdf

Guidelines for using gender-sensitive language in communication, research and administration, https://eige.europa.eu/sites/default/files/reutlingen\_university\_guidelines\_for\_using\_gender- sensitive\_language.pdf

Horizon Europe General Annexes,

https://ec.europa.eu/info/funding-tenders/opportunities/docs/2021-2027/horizon/wp-call/2021- 2022/wp-13-general-annexes\_horizon-2021-2022\_en.pdf

Horizon Europe guidance on gender equality plans,

https://op.europa.eu/en/publication-detail/-/publication/ffcb06c3-200a-11ec-bd8e-01aa75ed71a1

LERU - Equality, diversity and inclusion at universities: the power of a systemic approach, https://[www.leru.org/publications/equality-diversity-and-inclusion-at-universities](http://www.leru.org/publications/equality-diversity-and-inclusion-at-universities)

Science Europe - Practical Guide TO Improving Gender Equality in Research Organisations, https://eige.europa.eu/sites/default/files/se\_gender\_practical-guide.pdf

Student evaluations of teaching (mostly) do not measure teaching effectiveness, https://eige.europa.eu/sites/default/files/science\_open\_research\_student\_eval\_teaching\_effectiv eness.pdf